

Complete Your Health Risk Assessment

Take a few minutes to fill out your Personal Health Profile and earn credit toward your Well-Being Rewards.

 **DEADLINE:** **December 31, 2026** — Completion verified by INDECS/Homestead

Who is eligible? Employees enrolled in the INDECS/Homestead plan who wish to participate in the Woods 2026 Well-Being Rewards Program.

HOW TO COMPLETE YOUR HRA

1 Register a New Account

Go to www.mymedwellness.com/login.php and click "New User? Register Here."

2 Enter Your Information

Provide your first name, last name, date of birth, and the company code below. Then create a username and password.

Code:
WOODS

3 Log In & Complete the HRA

Sign in to your account and answer all the Health Risk Assessment questions.

4 Finalize & Review Results

Once complete, finalize your HRA. If you provided an email address, you'll receive your results and can access your personalized feedback page.

UNDERSTANDING YOUR RESULTS

Each section of your HRA will be categorized into one of three risk levels:



Low Risk

Keep it up!



Moderate Risk

Room to improve



High Risk

Take action

Your results page includes personalized feedback and goal-setting tools to help you improve over time.

NEED HELP?

 800.977.6337 |  admin@mymedwellness.com