The Center for Behavioral Health at Woods

### NOW OPEN: Mental Health Treatment for Woods Employees & Their Families

The team at The Center for Behavioral Health at Woods is excited to announce that it is opening its doors and services to **Woods staff and their families**, with insurance coverage provided by Homestead. Located on our Langhorne campus, the center's wide range of individualized mental health outpatient services are available for both adults and children. Telemedicine is also available.

Our therapists and clinicians are available 6 days a week for medication management, therapy (individual and family) and assessment services.

# Privacy Pledge: Your privacy is as important to us as it is to you. Your confidential information will not be made available to employees of Woods, without your consent.

#### Services include:

- Intake, psychiatric, and diagnostic assessments
- Medication management, review and coordination
- Psychiatric care
- Nurse navigation for complex conditions, if eligible and referred
- Individual, group, and family therapies

- Behavioral health supports
- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Trauma-informed approaches
- Mindfulness
- Motivational interviewing
- Telehealth and Telepsychiatry

- Autism Assessment
  - Assessment and diagnosis of children and adolescents ages 12 months through 21 years of age for autism and intellectual disabilities
  - Treatment recommendations
  - Follow-up visits (as needed)
  - Referral assistance
  - Help navigating the treatment journey

# For more information or to schedule an appointment, call 215-750-4004

#### Hours

Monday – Thursday	9:00 a.m. – 9:00 p.m.
Friday	9:00 a.m. – 5:00 p.m.
Saturday	9:00 a.m. – 1:00 p.m.



## **Insurance and Payments**

The Center for Behavioral Health at Woods is covered by the Homestead insurance plan. Copays are due at the time of service.

Stay tuned: We anticipate other major insurance plans to add coverage in the coming months.

#### **PRIORITIZE YOUR MENTAL HEALTH!**