THE MEDICAL CENTER AT WOODS



ON THE CAMPUS OF WOODS SERVICES

- Primary Care
- Urgent Care
- GYN Care
- Workers Compensation Injuries



Our excellent clinicians are available to serve as your Primary Care Provider, performing your annual check-ups or diagnosing and treating a variety of symptoms and medical conditions for which you might visit an Urgent Care facility.

We have convenient hours and offer an after-hours 24/7 telemedicine option. Helping you maintain your health and wellness is our priority.



To provide outstanding medical care that accommodates the unique needs of the population served by Woods Services as well as its employees



To ensure an innovative team strategy to high quality, patient-centered, and seamless medical care. To utilize a population health approach to guarantee exceptional services and continuity of care continuously

You can earn Wellness points by having the following completed at the Medical Center at Woods:

- Annual physical
- Blood pressure check once a month for 3 months
- Flu vaccination
- Covid-19 vaccination



DR. STEPHEN J. KOLESK

Chief Medical Officer/Vice President for Medical Affairs and Managed Care

Steve Kolesk joined Woods in 2019 to oversee Woods' population health management strategy, which includes the integration of primary and specialty care with behavioral health, and becoming a specialized patient-centered medical home in Pennsylvania and New Jersey. He also oversees the RL Health healthcare professionals at the Medical Center at Woods to ensure the ongoing delivery of quality care to Woods employees and the individuals it serves.

Steve Kolesk also guides the launch and expansion of Woods' primary care centers in New Jersey in partnership with Woods' New Jersey affiliates, as well as collaborations with New Jersey hospitals and medical centers for the provision of healthcare services to people with Intellectual and Development Disabilities and patients with behavioral challenges.

Prior to joining Woods, Steve Kolesk served as Senior Vice President of Clinical Integration for Virtua Health in Marlton, New Jersey, and before that as Vice President and Chief Operating Officer for Virtua Memorial Hospital. He was also a partner and family practitioner in a private family practice in Mount Laurel, New Jersey.

He received a B.S. in Biology from Fordham University and an M.D. from The University of Connecticut School of Medicine.



DR. JASON ESTRIN

Jason Estrin came to Woods in 2021 as a Family/Internal Medicine physician.

Prior to joining Woods, he worked at St. Mary Medical Center (SMMC) in Langhorne, Pennsylvania where he first became familiar with some of Woods' clients. While at SMMC, he was appointed to the faculty of the new internal medicine residency program and was instrumental in recruiting the first class of residents. He also worked at Patient First in Feasterville, Pennsylvania, for four years. Prior to those appointments, he worked at several internal medicine medical practices seeing patients.

Jason Estrin received an A.B. in Molecular Biology from Princeton University, an MPA from George Washington University, and an M.D. from MCP-Hahnemann University in Philadelphia.



HOLLY M. CUNNINGHAM, CRNP

Holly Cunningham joined the Medical Center at Woods staff in 2018 as a family nurse practitioner and serves as a primary care provider and employee health nurse practitioner for Woods employees. She also oversees the clinical work of nurse practitioners of RL Health at the Medical Center at Woods.

She has over 20 years of experience in family health and spent much of her career in the Bucks County area as an emergency room and telemetry nurse at Lower Bucks Hospital, staff nurse at HCR Manor Care, and as a family health nurse practitioner for RediClinic in Langhorne, Pennsylvania.

Holly Cunningham received an Associate degree in Nursing from Bucks County Community College, a B.S. from Immaculata University, and an M.S. in Nursing from Drexel University.



ASHLEE JOHNSTON, CRNP

Ashlee Johnston is a family nurse practitioner who joined Woods in 2018.

Prior to coming to Woods, she worked at Comprehensive Care Associates in Langhorne, Pennsylvania, providing treatment and care to acute and chronically ill patients both in the office and in long-term care settings. She also worked as an emergency and trauma nurse for Capital Health System as well as Doylestown Hospital and Einstein Medical Center.

Ashlee Johnston received a B.S. in Nursing from Bloomsburg University and an M.S. from Drexel University. She is also a Board Certified Emergency Nurse (CEN).



VIDA LEMAIRE, CRNP

Vida Lemaire joined the Medical Center at Woods team in 2018 as a family nurse practitioner.

She has over 13 years of experience in healthcare as a nurse practitioner working at RediClinic in Langhorne, Pennsylvania, and North Penn Family Medicine in Lansdale, Pennsylvania. Prior to holding these positions, she worked as a cardiac/telemetry nurse at Abington Health Lansdale Hospital in Lansdale, Pennsylvania, Our Lady of Lourdes Medical Center in Camden, New Jersey, and Thomas Jefferson Methodist Hospital in Philadelphia, Pennsylvania.

Vida Lemaire received a B.S. from the University of Science and Technology in Ghana, a postbaccalaureate in Nursing from the University of Connecticut, Storrs, and an M.S. in Nursing from LaSalle University in Philadelphia.



SUSAN RITORTO, CRNP

Susan Ritorto joined the Medical Center at Woods in 2021 as a nurse practitioner who will provide gynecological services to Woods female clients and staff as well as perform utilization review and quality assurance for the Medical Center.

She has more than 25 years of experience in Obstetrics and Gynecology. She began her career as a medical/surgical nurse at Mercer Medical Center in Trenton, New Jersey, and then worked in the Neonatal Intensive Care Unit. Once she obtained her nurse practitioner license in perinatal nursing, she worked for the Center for Women's Health located in Langhorne, Pennsylvania, for ten years prior to coming to Woods.

Susan Ritorto graduated with a B.S. from the College of New Jersey and an M.S. from the University of Pennsylvania.



DEBORAH L JONES, PRACTICE MANAGER

Deborah Jones joined the Medical Center at Woods in 2019 as the practice manger responsible for the day-to-day operations of the Center.

She has a breadth of experience managing specialty medical practices as well as an ambulatory surgical center. She also worked as a claims director for an international medical assistance billing company and was Billing Director for Quest Diagnostics Clinical Laboratory, MidLantic Region.

You can receive all of the services listed below, and more, at the Medical Center at Woods at no cost to you!

PRIMARY CARE

- WELL EXAMS, HEALTH SCREENINGS
- SMOKING CESSATION
- PHYSICAL EXAMS
- BLOOD SUGAR CHECKS
- BLOOD PRESSURE CHECKS
- HEARTBURN, KIDNEY DISEASE
- DIABETES, ELEVATED CHOLESTEROL

GYN CARE

URGENT CARE

- SPRAINS, STRAINS
- COLDS, FLU, EARACHE
- SORE THROAT, MINOR HEADACHES
- ALLERGIES, PINK EYE
- RASHES, URINARY TRACT INFECTIONS
- ON-SITE INSTANT X-RAYS
- BLOOD WORK/ TESTING
- IMMUNIZATIONS
- COVID TESTING
- FLU A & B TESTING
- STREP A TESTING

The staff of the Medical Center at Woods are employees of R.L. Health, an independent company from Woods Services

CALL: 215-750-4212

to make an appointment with our Nurse Practitioners/Physicians.

HOURS

Mon., Tues., Thurs., Fri. 7:00am – 7:00pm Wed. 8:00am – 4:00pm

Same Day Appointments are usually available

Medical Staff are on call 24/7
at the number above

Your privacy & confidentiality are guaranteed!



The Medical Center at Woods 10 Meadowood Drive Langhorne, PA